



**H.J. Cody School
Grade 9
Complementary Course Form**



Name: _____ Parent Signature: _____

Complementary Courses

- | | | |
|------------------------------|----------------------------------------|-------------------------------------|
| Art | Computers | Ladies Health/Fitness |
| Drama | French | Band (All Year) |
| Home Ec | Spanish | Guitar (Beginners) |
| Shop | Leadership | Choir (Outside School Hours) |
| Recreational Pursuits | Environmental Outdoor Education | Sports Performance |

Please print Complementary Courses below in order of preference:

| | | | |
|----------|-------|----------|-------|
| 1 | _____ | 4 | _____ |
| 2 | _____ | 5 | _____ |
| 3 | _____ | | |

Additional fees will be charged for the following complementary courses:

- | | |
|-----------------------------------|--------------------------------------------------------------|
| Art \$21.00 | Shop \$21.00 |
| Home Ec \$21.00 | Music-Band \$21.00 (Instrument Rental avail: \$75/yr) |
| Ladies Health/Fit. \$21.00 | Music-Guitar \$21.00 (Guitar Rental avail: \$25/yr) |
| Env. Outdoor Ed \$21.00 | Rec. Pursuits \$21.00 |

STUDENT SELF-EVALUATION: *Circle one and explain why*

| | | | |
|-----------------|--------|------------|------------|
| Math: | Strong | Sufficient | Struggling |
| Why? | _____ | | |
| LA: | Strong | Sufficient | Struggling |
| Why? | _____ | | |
| Science: | Strong | Sufficient | Struggling |
| Why? | _____ | | |
| SS: | Strong | Sufficient | Struggling |
| Why? | _____ | | |

GRADE 9 COMPLEMENTARY COURSE DESCRIPTIONS

- **Students will be assigned to two options per semester (Four for the year)**
- **(Band, Spanish and French count as two options)**
- **Students may not take the same option twice during the course of the year.**

Art 9 - The focus of the Art 9 program is the exploration of a wide variety of media: pencil, pencil crayon, chalk, pastel, ink and ink washes, water color paint, acrylic paint, fabric dyes, and clay. The human face and figure, natural found objects, manmade objects, commercial advertising, and landscape are just some of the subjects that will be examined during the course. There is a \$21.00 fee for this course.

Band 9 - Students from band 8 will continue to develop playing skills with a greater understanding and appreciation of music. The music gets harder, but the music gets better. You have the opportunity to play with grade 10-12 students, so you will know people in every grade in your first year at H.J. Cody. Disneyland trip planned for the spring of 2013. There is a \$21.00 fee for this course, and we offer instrument rental from HJ Cody School for \$75.00 for the school year.

Choral 9 - If you like to sing, this is the place for you. **Choir runs after school for all grades 9-12.** As a student in grade 9, you can come out to choir and see if you like it and then earn credits towards graduation in grade 10, 11 and 12. You still get all your other option choices because it is an after school program.

Computers 9 - In Computers 9 we explore a number of fun and interesting areas. Among the topics we cover are:

1. Computer graphics and design- you learn about graphic design using an industry program called Photoshop.
2. Computer Animation - we explore both 2D and 3D animation using various animation programs such as Bryce 3D and Flash.
3. Multimedia Presentation Programs- you learn to use multimedia presentation software that put together graphics, text, sound, video and animations with interactive buttons to navigate through your presentation.
4. Optional topics include Web Design and Filmmaking.

Drama 9 – This class is a place where students get to explore creativity in lots of fun ways. The focus is on Movement, Speech, Improvisation, and Script. We learn mime skills, story telling skills, improvisation and learning how to portray characters in a script. We use drama games and acting techniques to make you a better performer!

French 9 - No prior French background is necessary but is welcome. Beginners will catch up with non-beginners quite quickly through fun activities that get you talking and thinking French. So that non-beginners are not bored, there will be lots of enrichment activities and leadership opportunities for them to help the beginners.

Environmental and Outdoor Education 9 (Outdoor Ed) - Students will learn about and experience some of what Alberta's natural areas have to offer. They will examine predatory and non-predatory animals, identify species and their markings, as well as learn about orienteering and fire starting. Outdoor Ed also examines the global picture on the environment. The course closes with what students can do to be proactive about the environment by changing some their lifestyle habits and establishing the mindset that will help them to think about their impact on the planet. There is a \$21.00 fee for this course.

Guitar 9 - Students get to find out if they can play guitar. Students do not have to have played any instrument before and you don't even have to own a guitar. You can rent from the school. Students who have a guitar and playing experience are also welcome. Learning outcomes include basic understanding of the guitar structure, reading music, reading TAB, playing both melodies and chords, listening to your favourite players and learning your favourite songs. There is a \$21.00 fee for this course, and we offer guitar rental from HJ Cody School for \$25.00 for the school year.

Home Ec. 9 – There are two components of this program: Clothing and Foods. Clothing will involve making PJ pants or boxers. Once clothing is completed foods begins. Preparation work for foods involves notes, worksheets and lab planning. Some products we hope to be making are: biscuits, muffins, banana bread, coffee cake, pizza, pizza pockets, pinwheels, elephant ears, pancakes (FLOUR MIXTURES). There is a \$21.00 fee for this course.

Ladies Health and Fitness 9 - Students partake in physical activities as simple as walking and scavenger hunts to swimming, self defence and yoga. We also discuss topics relating to health such as body image and nutrition. Near the end of the semester hair, makeup, skin care and nails are focused on. The course does have assignments but is based largely on participation in activities and completing in-class work. There is a \$21.00 fee for this course.

Leadership 9 - Students develop projects within the school and community to promote positive leadership and school spirit. Develop skills in team work, goal setting, planning, delegation and public speaking.

Recreational Pursuits – Students partake in physical activities both indoor and outdoor, such as biking, hiking, low organizational games. Students will also develop their own games to teach and share with the class. Students will be required to put in volunteer hours as minor officials for games / sporting events. There is a \$21.00 fee for this course.

Shop 9 - The student will gain experience on a wide variety of tools, equipment and procedures in several areas: **Measurement & Planning, Woodworking, Sheet Fabrication (metal and plastic):** Students will learn the basics of linear measurement, use several pieces of woodworking equipment safely, several different techniques for joining and how to lay out a pattern, cut, shape and join sheet metal and sheet acrylic plastic. There is a \$21.00 fee for this course.

Spanish 9 - An introductory course for students interested in learning Spanish. Students will cover basic greetings, numbers, days of the week, months of the year, family, animals, colors, useful vocabulary as well as basic grammar. Spanish 9 is open to any students wishing to learn a second language (no experience required!) Students who take Spanish 9 will have a head start for when they reach High School Spanish.

Sports Performance 9 - Students will develop proper training techniques through the use of sports. Students will demonstrate 3 of the 6 different training principles: 1) Aerobic Training, 2) Flexibility Training, and 3) Agility Training. Students will be introduced to the use of sport psychology, sport injuries, physical fitness evaluation, and nutrition. The sports that will be primarily used will be soccer, cross country running, volleyball, basketball, and badminton.