## HJC LAKERS



## Dates to Remember

- September 30: No School, National Day for Truth and Reconciliation
- October 5: Terry Fox Run
- October 10: No School, Thanksgiving Day
- October 21: No School, Collaborative Day

Dear students, parents and guardians,
It has been a really great start to the 2022-2023 school year, with students in classes and ready to learn everyday. Here is some information describing the importance for students to attend school everyday.

## Research states that:

- Students who miss school are more likely to have difficulty in school, college and a career.
- Statistically, students who miss three or more classes a month have a lower academic achievement.
- Frequent absences can contribute to anxiety and a decrease in mental health.

We have set a goal that every student in our school attends regularly and we are monitoring attendance closely because we know how important it is.

Attendance is a shared responsibility of the parent, student and school and here are some suggestions for parents to assist us with attendance:

- Prioritize school
- Communicate the importance of regular school attendance.
- Have regular evening and homework routines.
- Schedule family events with our school calendar in mind.
- Try to make appointments during non-school hours when possible
- In general, students should not miss school due to sickness unless they are contagious, and/or their symptoms are serious enough to prevent them from focusing on the tasks they need to do at school.

Kind regards,
Mike Garrow, Principal

## Terry Fox Run October 5th!



## Division News ... for parents and guardians

## Our safe and caring schools - A message from Superintendent Kurt Sacher

We truly appreciate having your children back in our schools enjoying a face to face environment. They give us tremendous energy and we do everything we can to return the favour by being as positive as possible with every interaction every day. We care deeply about our students and we work hard to ensure a safe and caring environment exists for everyone.

We have all made our way through some challenging times over the past few years. As we move forward we are committed to doing our part to develop your child's well-being to the highest level. To help us with this commitment, please communicate with your child's teacher so our staff know how we can best assist you as a parent.

If issues do arise that you aren't able to resolve, please contact your child's principal and know that you are most helpful when you join them in looking for solutions. There is almost always a solution right at our fingertips and our staff want to support you in every way they can.

Relationships matter at every level in our school division. We look forward to working closely with you as parents to ensure that all of our students feel safe and cared for in our schools.


To read the latest version of the Board eNews, please click here.

Social Emotional Wellbeing course


On course - Dr. Marcie Perdue, Associate Superintendent of Student Services, shared details of the division's locally developed Social Emotional Wellbeing 15 (SEW) course with all school-based administrators as the year got underway. This is an Alberta Education approved, mandatory 50 hour three credit course for all Grade 10 students in Chinook's Edge - the first of its kind in Alberta! It continues a multi-layered approach to protecting and enhancing the mental health of students and staff throughout the division.

Indigenous Learning in Chinook's Edge


Indigenous Leads Day - Schools in Chinook's Edge have a representative to support the division's Indigenous Education priority, and that group met to begin the year together (above). Staff continue to build knowledge to meaningfully embed Indigenous learning into their lessons, to gain a greater understanding of the history, culture and contributions of Indigenous Canadians.

Please note: schools and offices will be closed on September 30th to observe the National Day for Truth and Reconciliation.

