

HJC LAKERS



Dates to Remember

- October 21: No School, Collaborative Day
- November 7: Quarter 2 Begins
- November 9: Midterm Marks in PowerSchool
- November 10- 11: No School, Fall Break
- November 11: Remembrance Day

Dear students, parents and guardians,

We really appreciate the feedback from our parents at HJ Cody. This is the same survey as last week as we didn't receive many responses. Your participation helps provide us with important information on the quality of education your child is receiving as well as areas of growth that we can continue to improve on. [Click here to complete the survey.](#)

HJ Cody has partnered with the United Way to pilot the Period Promise. This initiative provides free menstrual products and dispensers in our bathrooms for students and their families. The research tells us that when people have access to the products that they need, it improves their health and well-being, and makes it easier for them to maintain and build vital connections. When students know that free products are available for them, it makes it easier for them to go to school. The Period Promise campaign has released the stats from their pilot survey in Red Deer Schools and here are three facts we thought were particularly important to note:

51.3% of students reported they have missed school or wanted to miss school because they didn't have hygiene products available to them

56.4% of students have left school because they did not have access to hygiene products

Over 60% of students said they were more engaged in learning when they did not have to worry about access to products.

We have access to products in almost all of our bathrooms including one of our male washrooms and in our gender neutral bathroom. The research supports that poverty and access affects males too. Some males have moms, siblings, aunties, girlfriends etc that may not have easy access and they are able to support them by having accessibility to products.

Thank you for your continued support and to all the parents that attended our parent teacher interviews last night. If you were unable to touch base with your child's teachers and you would still like to do so, please send them an email and they will make contact with you.

Kind regards,

Mike Garrow, Principal



**Congratulations to the grade 9 girls
volleyball team!**

**They played extremely well all day
Saturday and won the tournament
with just 7 players.**

Flipside is coming to HJC at Lunch - Jordyn Bell from the Flipside will be here for the month of October to run "Press Pause" activities during Block 3 and Block 4 lunches. All are welcome. She will be in Room 114 (Art Room) for Block 3 lunch and Room 104 for Block 4 lunch. Oct 24: Building your Stress Tool-kit
Oct 25-28: Creating Habits Oct 31: Wrap-up

Athletics Society AGM - Tuesday October 25th @ 5:30 @ HJC in the learning commons.

If you have a child playing on one of the sports teams, we really encourage you to come out and see what this is all about. We want representation from a variety of sports to encourage discussion and different perspectives. It is an excellent way to get/stay connected to the school and have input.

We need a new treasurer as our former treasurer is stepping down. We would like to thank Melissa for all of the time and effort she put into this position as her children were playing sports on our teams.

If you have any questions, you can contact Marcie Jeffries at 403-358-1555.

HJC Jazz Band! HJC Jazz Band will run on Mondays from 3:15-4pm, beginning on Monday Oct. 24. If you can read sheet music and you play a jazz instrument (sax, trumpet, trombone, drums, bass, electric, keys) we want to see you there! See Mr. T if you have questions.

Gr. 11 & 12 Students myPass Email to your Connect Teacher Gr. 11 & 12 Students: Please give your personal email to your Connect Teacher in order to Activate your myPass. Activation instructions will be in November 2022. Every student in the province should have an account on myPass, the Alberta Education website for maintaining student records. We recommend Gr. 11 & 12 students use myPass Detailed Academic Report to review their courses and credits and ensure every credit has uploaded correctly before graduation. Students will use myPass to access their Diploma Exam results, register for Diploma Exam Rewrites, view their credits towards their High School Diplomas, and order official transcripts for post-secondary and job applications. Please activate right away so you can access your school records during and after graduation. It is important that students do not use their @cesd73.ca email addresses to create their myPass accounts, as those email addresses will not be available to students after graduation. It is recommended that students use a gmail or Microsoft email as they would link and the student would not have to remember a new password.

JOSTENS RING LADY WILL BE HERE OCT. 25 AND 26! Angela, from Jostens, will be here at lunch time in the Common Area next Tuesday and Wednesday. Please see her to order your Grad jewelry.

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Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds