

HJC LAKERS



Dates to Remember

- May 4: Parent Teacher Interviews 5-8pm
- May 5: Collaborative Day, No School
- May 19: TPGP Day, No School
- May 22: Victoria Day, No School
- May 29: Non Instructional Day, No School
- May 30: Athletic Society Meeting - 6:30 PM

Dear Parents and Guardians,

Our second round of Parent Teacher Interviews are scheduled for next Thursday, May 4th from 5:00-8:00pm. Parents have the choice of either a phone or google meet interview. If the teacher you wish to speak with is fully booked, please email them and they will follow up with you. Here is the link to sign up for your interviews:

<https://schoolinterviews.ca/code/mbd33> or alternatively click on this QR Code.



Bookings will close on May 4th at 10:00am. We look forward to sharing the wonderful successes of your child's learning as well as areas of growth that they can focus on for the remainder of the 2022-2023 school year.

Kind regards,

Mike Garrow
Principal



Athletic Awards Ceremony

June 14th

6:00 - 7:00 PM at the
Nexsource Seniors Center
Room.

Refreshments to follow.



A dozen new lil' Lakers joined the Science Department this week. Nanny McCluckins hatchery had Ms. Round & Ms. Steinbach's science crews incubating and hatching up a storm this month. May is for Monarch butterflies!



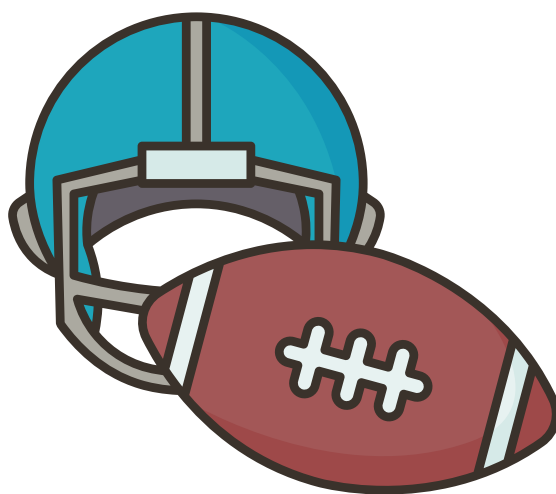
Lakers' Football Spring Camp Registration

May 4 6-7PM HJ Cody Common Area

Cost:\$60

Camp Dates - May 23rd - June 2

See Mr. Braitenback for more details



Do you Know Your Blood Type? Up for Donating?!

HJ Cody Blood Drive April & May Code: **HJC0000405**

IT IS IN YOU TO GIVE Canadian Blood Services is looking for Blood Donors. You must be 17 or older to donate. HJ Cody is Partners with Canadian Blood Services. You can book at time and sign up with HJ Cody. Our ID is HJC0000405 (4 letters, 6 numbers) We will do a blood drive in April & May when the weather warms up. If you have questions, please see Ms Round



***Must be 17yrs Old**



**Canadian
Blood
Services**



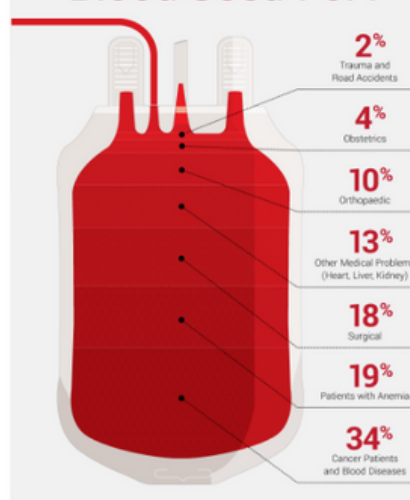
BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

DONATE
BLOOD

1 BAG OF
BLOOD
SAVES **3**
LIVES



What is Donated Blood Used For?

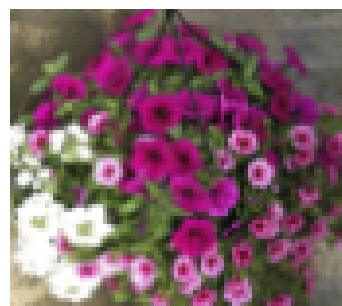


To order flowers from the Travel Club, simply visit:

<https://forms.gle/7a4TbgTMPGU98bAH6>

SIXTH ANNUAL SPRING FLOWER SALE

Orders are due by May 1

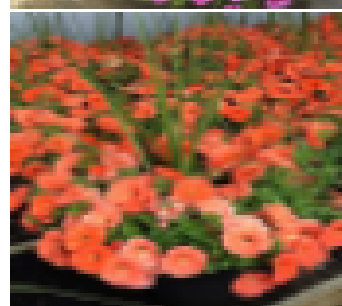


11" Premium Hanging Basket

Various colours are available. You choose which baskets you like when you pick them up! These are long-lasting flowers!

Cost: \$25.00

(Student profit = \$8.20/plant or 33% profit)

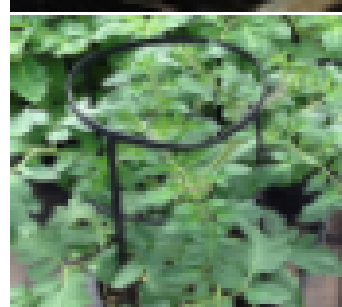


12" Premium Patio Planter

Various colours are available. You choose which baskets you like when you pick them up! These are long-lasting flowers!

Cost: \$35.00

(Student profit = \$12.95/plant or 37% profit)



10" Tomato Planter + Cage

Various types such as Beefsteak, Cherry, Patio, Roma, and Tumbler

Cost: \$16.00

(Student profit = \$4.45/plant or 28% profit)

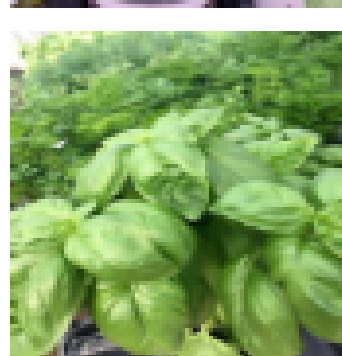


4" Herb Tray (12 herb plants per tray)

Various popular types such as Basil, Cilantro, Mint, Rosemary, Thyme, etc.

Cost: \$32.00

(Student profit = \$8.75/tray or 27% profit)



***NEW* 4" Pepper**

Various popular types such as Bell, Sweet and Hot. (Choose upon arrival).

Cost: \$5.00

(Student profit = \$2.38 or 48% profit)

To order flowers from the Travel Club, simply visit:

<https://forms.gle/7a4TbgTMPGU98bAH6>

SIXTH ANNUAL SPRING FLOWER SALE

Orders are due by May 1

Tips and Tricks for Selling Flowers

1.Thanks!

- a. Thank your customers for supporting H.J. Cody [travel](#).

2.Remind

- a. Remind them to pick up their plants on Saturday, May 13, from 9:00am-4:00pm.

3.How to order

- a. <https://forms.gle/7a4TbgTMPGU98bAH6>
- b. EVERYTHING is done online.

4.How to pay

- a. They can pay with cash, cheque, debit, or credit AT PICKUP.
- b. Cheques are to be made out to H.J. Cody School

5.IMPORTANT: ONE-DAY SALE

- a. There are extra plants available for purchase on **Saturday, May 13.** Purchases will go toward students working the sale. It will not be possible to direct funds earned at the one-day sale to individual students.

Red Deer Grad studio dates have been set!

We are now taking online bookings ; the event is by appointment only. Please pass along to your online learners, graduates and parents. We are offering a studio day in Red Deer for any students who were unable to attend photo day at school or would like retakes. As well as online/home learners.

When : May 16th-19th, 2023.

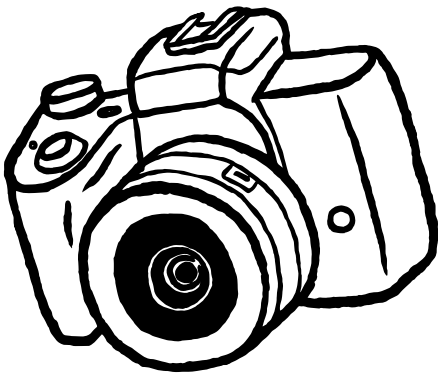
Where : Clearview Meadows Community Centre, 93 Cornett Drive,
Red Deer , Alberta

Please use the link below to access the online booking website. If you have any questions or concerns, please feel free to contact me
by email

teirra.keats@lifetouch.ca

or by phone 1-587-200-2920

[SCHEDULE NOW](#)



YARD BUSTERS

Yard Busters is a volunteer program where individuals, organizations, businesses, schools, and families volunteer to cut the grass of a qualifying senior in need throughout the spring/summer season.

Frequency is weekly or biweekly, depending on grass growth.

Volunteers and seniors must sign up:

T 403 864 5593

E volunteer@sylvanlake.ca





We are currently looking for School bus drivers in all areas. If you are interested in becoming a school bus driver please apply online at www.cesd73.ca under Careers/Casual

Support Staff, by email at transportation@cesd73.ca or by calling our office at 403-227-7072

Chinook's Edge is one of the largest school divisions in the province, serving over 11,000 students in 43 Central Alberta schools between Calgary and Red Deer. Our schools are located in 13 small communities that sprawl east and west from the Highway 2 corridor, conveniently providing Chinook's Edge staff and families with the best of both worlds

Mental Health Literacy

Join the Family Enrichment Centre and Alberta Health Services, for a one-hour information session on supporting youth with mental health.

Thursday, May 11

Room 100

Wellness & Community Connections Centre

7:00 PM - 8:00 PM

Many individuals are impacted by mental illness, whether it is through waiting for a diagnosis, operating day-to-day, or receiving treatment.

Many factors can influence positive mental health, including a strong support network is important for all individuals involved.

Education on mental health and coping resources can help change the conversation, so we can better support those we care for.

Call 403 864 5583 to register

Catch you at the

Flipside

FLIP
d/LL
SIDE

FREE drop-in

Game on

Fun games, sports, and activities that get your heart pumping!

- Mondays
- July 10 to August 25
- 1:00 PM to 4:00 PM
- Wellness & Community Connections Centre, Gym, 4725 - 43 Street
- One -time registration required (for safety purposes)

Flipside Hangouts

Take a break from the summer sun and spend some time hanging out with friends!

- Fridays
- July 10 to August 25
- 1:00 PM to 4:00 PM
- Flipside Youth Centre, upstairs, 4725 - 43 Street
- One -time registration required (for safety purposes)





Register for our SUMMER PROGRAMS

Flipside in the Park

The Flipside is coming to a neighbourhood near you and we're bringing extreme fun!

- Ages 8 - 18
- Free



Flipside on the Go

The Flipside is going places and we want to take you with us! Join us for weekly fieldtrips.

- Ages & prices vary by activity



Kids/Teen Connect

Get your friends together and join us for all sorts of shenanigans! There's a different themed activity planned for each session.

- Kids Connect | Ages 8 - 11
- Teen Connect | Ages 12 - 15



Register & find more info




Sylvan Lake

FLIP
SIDE

Catch you at the Flipside!

Mental Health & Mindfulness Summer Programs



Press Pause | 8 - 15

Become coool as a cucumber with this series of skill-building wellness activities that promote positive mental health and a healthy and happy life.

Peace Keepers | 12 - 15

Find your way to inner peace through creative self-awareness activities. This summer series focuses on learning to connect with yourself through expressive arts experiences.



Little Warriors | 8 - 12

This series of mini-lessons will encourage your child to move, create, breathe, and play with intention. Children will learn how to connect with themselves; using breath as a tool to self-regulate. Art activities will promote self-awareness and to build social skills.



Learn more & register

