

Starting in September 2025, Alberta Education is requiring that all school divisions including Chinook's Edge School Division notify parents about instruction related to subject matter dealing primarily or explicitly with gender identity, sexual orientation or human sexuality.

This notification also provides parents with the option to 'opt in' their child for instruction related to the subject matter.

You can expect that your child's school will provide you with a form appropriate to your child's grade level. On the form you will be able to choose whether you wish for your child to opt in to the instruction.

Please see below the grade level and curricular topics that you can "opt in"

Teaching human sexuality in [Grades 7-9 Health and Life Skills](#)

Grade 9

Specific learning outcomes:

- W-9.3 apply coping strategies when experiencing different rates of physical, emotional, sexual and social development; e.g., positive self-talk
- W-9.7 evaluate implications and consequences of sexual assault on a victim and those associated with that victim
- W-9.12 determine "safer" sex practices, e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/contraceptives properly
- W-9.13 identify and describe the responsibilities and resources associated with pregnancy and parenting.
- W-9.14 develop strategies that address factors to prevent or reduce sexual risk; e.g., abstain from drugs and alcohol, date in groups, use assertive behaviour

Teaching human sexuality in [High School Career and Life Management \(CALM\)](#)

Each specific outcome is supported by bulleted examples. These bulleted examples do not form part of the required course but are provided as an illustration of how the specific outcomes might be developed.

Specific learning outcome: P11. examine the relationship between commitment and intimacy in all its levels

- identify expectations and commitments in various relationships
- examine a range of behaviours for handling sexual involvement
- describe how personal values play a role in relationships
- explain the role of trust and ways to establish trust in a relationship
- develop strategies for dealing with jealousy

Specific learning outcome: P12. examine aspects of healthy sexuality and responsible sexual behaviour

- explain the ongoing responsibility for being sexually healthy
- examine a range of behaviours and choices regarding sexual expression
- describe sexually healthy actions and choices for one's body, including abstinence
- analyze strategies for choosing responsible and respectful sexual expression
- describe the ways in which personal values influence choices
- assess the consequences of being sexually active